



KAIROS NON-PROFIT HOUSING OF PETERBOROUGH

Issue: October 31, 2020 – November 15, 2021

Kairos Founded 1985

MISSION: Kairos Non-Profit Housing of Peterborough provides affordable housing for single mother-led families, particularly those leaving abusive relationships.

VISION: Kairos seeks to provide and nurture opportunities for its families to flourish and realize their full potential.

Message From The Chair,

As the new Chair of Kairos Non-Profit Housing of Peterborough, I am excited to have this first time to “talk” with all of you. From my “front row seat”, I get the best view of how Kairos and its volunteers continue the commitment to provide affordable housing to vulnerable families, to assist these families with some of everyday life costs, and to provide opportunities for recreation and personal growth.

The Board, the dedicated Friends of Kairos and our property manager, KPP, have weathered the challenge of the pandemic over the last 20+ months. From virtual board meetings to finding new options for fundraising beyond our key annual events, Kairos has ensured our tenants have safe, updated housing. And, in fact, Kairos has either met or been under budget in its maintenance costs for the last 3 years while significantly updating 2 of our units during that same time.

This past year has seen the reactivation of the Maintenance Committee. This is just a part of the Board's commitment to its responsibilities to manage the ever-increasing maintenance costs as the houses age. The reinstatement of this committee has the Kairos Board closer to creating a definitive plan for the future which will continue to be a main focus in the coming years.

Another main focus for the Board will be on succession planning. This year, a very experienced board member Hannah Routly retired, and as our fearless leader Su Musclow moves into her role as Past Chair, we now recognize that it will take more than two people to take on what these two remarkable individuals have done for the organization.

We would love to hear from anyone and everyone – please don't hesitate to reach out to us. Our contact information is on the back page of this Newsletter.

Thanks for your continued support of Kairos Non-Profit Housing Peterborough.

Rick Green

CAPITAL & MAINTENANCE WORK COMPLETED

The Maintenance Committee was reactivated as a Committee of the Board to inform, advise and recommend actions required to maintain the twelve Kairos units. It ensures the Board is always fully aware of the scope of maintenance being done, and the costs. The committee uses the expertise of both Leah Buck (who attends the committee meetings) and Katherine Blackwood as its advisors in property management and care of the units. This year was a development year for the committee as it formulated best practices in monitoring maintenance costs, evaluating needs of the units, and presenting recommendations to the board.

Completed projects:

- Energy efficient windows installed in numerous units for family comfort during the cold and warm seasons,
- Kitchen refurbishment and apartment painting for a new family moving into a unit,
- Waste removal bins provided for families to take unneeded and used articles to the dump,
- Replaced old flooring in some units with new durable vinyl plank flooring to update bedrooms and make sleeping areas more comfortable and easier to clean.

The Board contracted its maintenance work to KPP who has Maintenance Personnel with a variety of skills. This contract is a pilot for a year, and will be revisited at its conclusion to determine if Kairos is better served through contracting maintenance or having its own maintenance staff member.

COMMUNITY DEVELOPMENT COMMITTEE

Despite COVID-19 the Community Development Committee continued to meet electronically to continue its work! This newsletter runs from November to the end of October, and this summary matches that cycle.



- ❖ Christmas gifts again focussed on opportunities for families to create experiences/memories. A Christmas plant, a tin of purchased holiday treats (COVID wouldn't allow us to give home baked ones that always had rave reviews), restaurant and Walmart Gift Cards, beautifully hand knitted scarves, mitts and hats and some homemade quilts from an Ennismore ladies group. Additionally, we were able to deliver a holiday turkey, ham, or vegetarian option to our families.
- ❖ In early February, families received a \$100 Pizza Factory Gift Card (supporting a local business is a good thing) and their menu, wrapped in a message that said families are special to Kairos.
- ❖ Throughout the year, each family received a monthly Grocery Gift Card with a value based on family size. These grocery gift cards are purchased through "Sisters Reunited", a local group raising funds to sponsor refugee families.
- ❖ The Peterborough "Community Food Calendar" which identifies local Food Banks, where free meals can be obtained, and Food Programs in Peterborough, was printed and delivered to families.
- ❖ Some emergency Food Cards were supplied, a young man graduated from elementary school and was given a Graduation Gift, and happily a few of our Kairos children were able to attend some summer sports and educational day camps thanks to paid registrations.

SINCERE THANKS / ACKNOWLEDGEMENT TO

- 👍 An anonymous donor who continued to provide money for YMCA memberships for our families, even though the Y was closed due to COVID-19. This money is specifically dedicated to these expenses, so when the Y re-opened, our families were able again to take advantage of this experience that would not be possible for them based on their limited incomes.
- 👍 Mary Ann O'Neill, a long time Kairos supporter and Community Development Committee and previous Board member who moved from the City to be with family. Mary Ann was willing to do whatever was needed, including cleaning homes to prepare for new tenants, baking Christmas treats, and planning and hosting events. Kairos was near and dear to Mary Ann's heart, and her dedication to it was evidence of that.
- 👍 Maureen Condon, who when she moved, donated furniture and items for future fundraising initiatives. Our tenants and the organization are so appreciative.
- 👍 The anonymous donor who donated money specifically to purchase a Mother's Day plant for each of our mothers last May.
- 👍 Steve Mann, who was the Kairos Maintenance person for over 10 years has resigned as he was able to get a full time job. For his faithful service and dedication to Kairos, he was given a cozy hoodie with the Kairos logo.
- 👍 Chadwick Teate, who is the owner of "CMS Consultant" (<https://www.thecmconsultant.ca>) which specializes in building Word Press websites from concept to creation, and focuses many of their efforts on community-oriented projects. Chad and his wife Sarah graciously offered and agreed to reformat, update and make our Kairos WordPress website user friendly at no cost to our non-profit organization. The work is progressing nicely, and we have mid-December as the target for completion. Chad and Sarah are new to Peterborough, and we welcome them with open arms!

FRIENDS OF KAIROS FUND

Donations are posted to the restricted "Friends of Kairos Fund" which was created to provide enhancement and assistance for Kairos families. Each year, depending on the status of the balance in the Friends of Kairos Fund, the Board approves the Community Development Committee Budget, and also approves a Motion for the amount of money to be allotted for Tenant Grants. Monies from this fund may be used for community development and may include, but are not limited to, community consultations, workshops, community kitchens, holiday celebrations, and social gatherings. It also provides money for Educational Bursaries and individual Kairos Tenant Grants.

Grants may be used for education, health, emergency travel, recreation, hydro, household needs, food and/or clothing. Tenants are never given money, assistance is always provided through Gift Cards or direct payment to organizations.

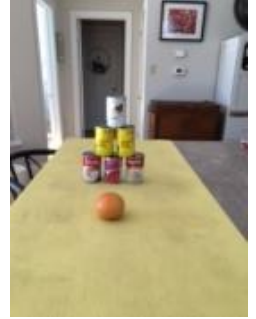
This last year, approved Tenant Grants were given for clothing, a toddler's bed and mattress, shoes & boots, children's games and educational resources, water bill in arrears, counseling sessions with a

social worker, and baby formula. Educational Bursary dollars were provided for driving lessons, exam fees for The Canadian Association of Medical Radiation Technologists, and internet costs associated with on-line schooling.

FUNDRAISING EVENTS

We could not meet in person but kept the ever popular Kairos Bowl-A-Thon in our consciousness, by challenging die hard bowlers to create their own Kairos Bowl-A-Thon experience at home! Thanks to those who supported the event and to those who donated prizes. Yes, prizes were awarded; even during a pandemic!

Watch your emails, as we are hopeful to return to real bowling in February and golfing in June!



KAIROS WELCOMES A NEW BOARD DIRECTOR....

Sadly, due to family needs, Bob Campbell had to step back from the Board. He will be missed! But, thankfully Bob recruited a replacement. In March we welcomed Katherine Fisher to the Board as a Director and as our new Treasurer.

...AND SAID THANK YOU AND GOODBYE TO ANOTHER



Hannah Routly joined the Kairos Board in September 2010, and served as a Board member, Vice-Chair, and Chair. Hannah participated fully in all FUNdraising and Community Development activities. She graciously agreed to extend her term on the Board an extra 2 years to help Kairos. Because Hannah chose to volunteer her talents to it, Kairos is a better organization.

BOARD

Rick Green (Chair)
Su Musclow (Past/Vice-Chair)
Katherine Fisher (Treasurer)
Donna Ball (Secretary)
Sr. Frances Baker
Susanne Goldberg

STAFF

Kawartha Participation
Projects (KPP), Property
Manager for Kairos.

Katherine Blackwood
(Director of Housing)
Leah Buck
(Property Coordinator)

ARE YOU INTERESTED, OR DO YOU KNOW??????????

As mentioned by the new Chair, Kairos needs to focus on succession planning, and so it is looking for both Board and Community Development Committee (CDC) members. Neither of these positions is onerous. The Board meets from September to June on the 4th Tuesday of each month, from 4-6pm. Board members are expected to be prepared for and attend the monthly board meetings, support the fundraising and Community Development Committee events, and actively promote Kairos in the community. The CDC also meets monthly from September to June on a mutually decided day and time. The CDC uses the "Friends of Kairos" funds to plan activities/initiatives/experiences to enrich the lives and well-being of Kairos tenants. If you, or someone you know, would be interested in joining Kairos, please email us Kairos@nexiocom.net.



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